

### LIPOSUCTION OVERVIEW

Liposuction is a surgical body contouring procedure that removes excess fat from specific areas of the body to enhance overall shape and proportions. It is not a weight loss method, nor is it a treatment for obesity. Instead, liposuction is performed to refine body contours in individuals who have localized fat deposits and maintain a stable body weight.

## COMMON AREAS TREATED WITH LIPOSUCTION



**Abdomen & Sides** - Eliminate stubborn belly fat and love handles to achieve a slimmer, more defined waistline.

Hips & Flanks - Shape and contour the hips and flanks to balance your natural curves.

**Back (Upper & Lower)** - Smooth out back bulges and rolls to create a sleeker silhouette under any outfit.

**Inner Thighs** - Sculpt and slim your inner thighs for enhanced leg definition and improved body proportions.

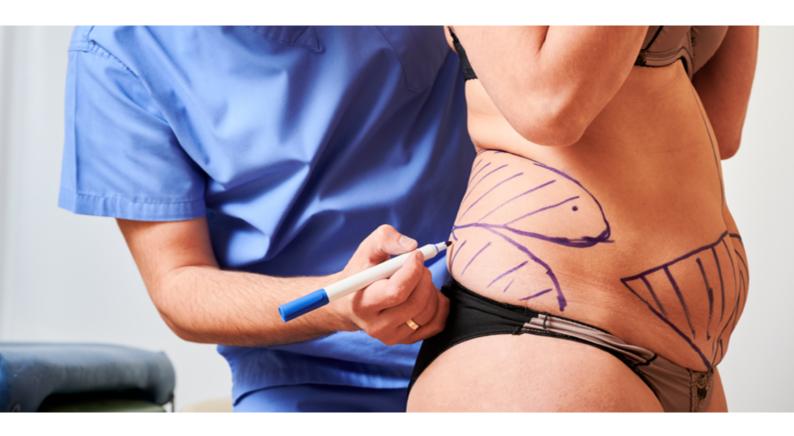
**Arms -** Reduce excess fat in the upper arms for a leaner, more toned appearance.

**Chest (Male Gynecomastia Surgery)** - Effectively reduce excess chest fat in men for a flatter, more masculine chest contour.

**Double Chin** - Remove excess fat beneath the chin to enhance your profile and define the jawline.



## TYPES OF LIPOSUCTION TECHNIQUES



#### **Classic Liposuction**

The traditional method where fat is physically removed using suction. Effective for large areas but may involve more bruising and a longer recovery time.

#### **VASER Liposuction**

Uses ultrasound technology to liquefy fat, allowing for more precise and less traumatic fat removal. Ideal for dense or fibrous areas like the back, chest, and flanks.

#### **Argon Plasma**

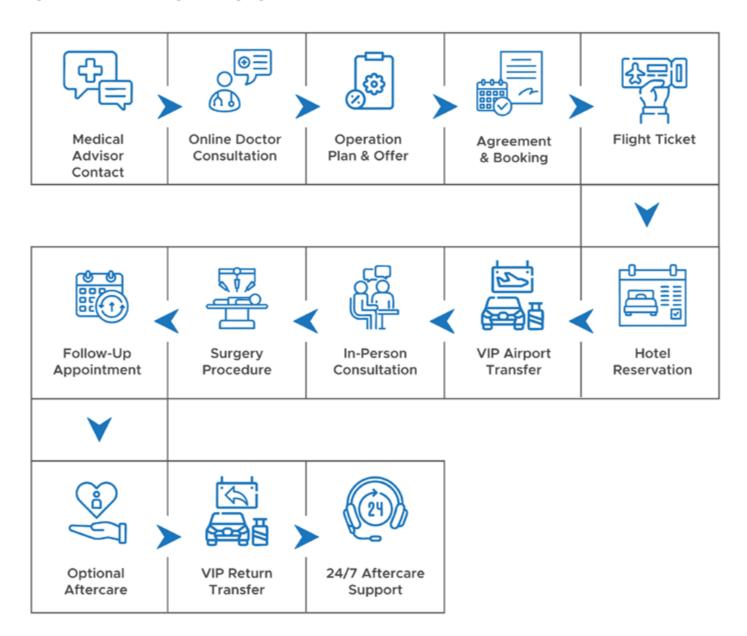
Delivers argon gas combined with radiofrequency energy under the skin to promote skin tightening. Commonly used after liposuction to enhance skin retraction.

#### J-Plasma (Renuvion)

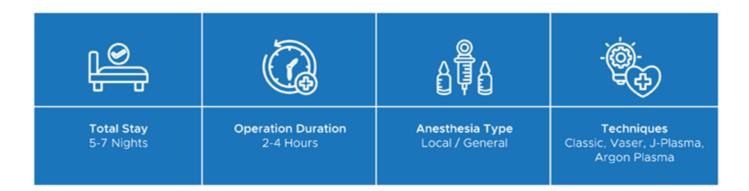
Combines helium gas and radiofrequency to tighten and firm the skin beneath the surface. Often used post-liposuction to reduce sagging and improve contour.



## STEP-BY-STEP OPERATION GUIDE



#### **OPERATION PROCESS**





### STEP-BY-STEP TREATMENT GUIDE

#### **Medical Consultant Contact**

> Our medical team reaches out to discuss your needs and explain the process.

#### **Doctor Consultation**

> Virtual or phone consultation with the surgeon to evaluate suitability and goals.

#### Operation Plan & Offer

> You receive a personalized proposal with details, timeline, and cost.

#### **Agreement & Booking**

> Once you confirm, we proceed with scheduling and arrangements.

#### Flight Ticket

> We help with flight planning and coordinate your arrival.

#### **Hotel Reservation**

▶ 4 or 5-star accommodation is booked for your stay.

#### **VIP Airport Transfer**

> Private vehicle picks you up from the airport and transfers you to your hotel or clinic.

#### **In-Person Consultation**

> Final face-to-face meeting with the surgeon and medical team before surgery.

#### **Surgery Procedure**

> The surgery is performed at an accredited hospital or clinic.

#### Follow-Up Appointment

➤ A post-op check is done by your surgeon before you're cleared to travel.

#### **Optional Aftercare**

➤ Post-surgery lymphatic massage, medical garment fitting, or skincare if desired.

#### **VIP Return Transfer**

> Private vehicle transports you back to the airport.

#### 24/7 Aftercare Support

> Ongoing remote support is available after your return home.



### LIPOSUCTION PROCEDURE: STEP-BY-STEP GUIDE



Liposuction is a cosmetic surgery that removes stubborn fat to improve body contours. It is not a weight loss method but helps shape areas resistant to diet and exercise.

#### **Consultation & Preparation**

Goals are discussed, medical history is reviewed, and necessary pre-op tests are completed.

#### Marking the Areas

The surgeon marks the fat removal zones to guide symmetrical and precise contouring.

#### Anesthesia

Local or general anesthesia is administered based on the size and location of the treatment area.

#### **Incisions & Fat Preparation**

Small incisions are made, and tumescent fluid is injected to loosen fat and reduce bleeding.

#### Fat Removal & Sculpting

A cannula is used to suction out fat while shaping the body for natural-looking results.

#### Drain Placement (If Needed)

Drains may be inserted to prevent fluid buildup and are typically removed after a few days.

#### Closure & Compression

Incisions are either closed or left open for drainage, and a compression garment is applied to reduce swelling and support healing.

#### Recovery & Discharge

The patient is monitored post-op and discharged the same day or the next. Detailed aftercare instructions are provided.



# LIPOSUCTION BEFORE / AFTER







#### Phone and WhatsApp

EN: **+90 549 177 40 07** RU: **+90 530 070 39 14** 

#### info@mtturkey.com

www.mtturkey.com

#### **RIXOS DOWNTOWN HOTEL**

Meltem Mh. Sakıp Sabancı Blv. No:3B Antalya TÜRKİYE